

Let's Talk about Love, Children and Money

In recognition of National Mental Health Month, Harlem Hospital Center, in collaboration with Greater Harlem Chamber of Commerce's Healthy Eating and Living Initiative (H.E.A.L.), held a panel discussion entitled "Let's Talk about Love, Children and Money" on Wednesday, May 28, 2008 at Harlem Hospital Center.

NYI Political Reporter and author of *No Momma's Boy*, Dominic Carter moderated the discussion. Panelists included Sil Lai Abrams, author of *No More Drama*, and relationship columnist for *Men's Fitness* magazine; Dr. Kevin P. Cotterell, director of Psychiatry at Harlem Hospital Center; Dr. Cynthia Grace, psychologist and wellness specialist; actor and producer Mel Jackson, and Dr. Billy Jones, president of BJones Consulting.

Dr. John M. Palmer, executive director of Harlem Hospital Center remarked, "There is no better time



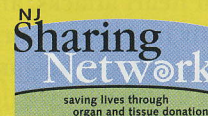
L-R: Dominic Carter, Sil Lai Abrams, John M. Palmer, Ph.D.; Cynthia Grace, Ph.D.; Billy Jones, M.D., M.S.; Kevin P. Cotterell, M.D., M.P.H.; Mel Jackson

for such an important event as this panel discussion, in a community where mental health issues, especially

related to everyday life, are experienced, though rarely addressed in an open forum." ■



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